



Congress Middle School

Session 3 Intramurals

FORMS DUE BY: Friday, January 26th!!!

Dear Parents and Students:

Congress Middle School is pleased to announce its intramural activities for Session 3. Intramurals will be held from 2:35 to 4:00 pm. After-activity buses leave Tuesdays and Thursdays at 4:10 pm. These buses are shared with Plaza and they run express neighborhood stops. **They do not run regular bus stops.** Students will be told their bus information on the first night or they can look it up under the "transportation" tab in Infinite Campus prior to intramurals.

Intramural forms will be collected by team teachers starting Wednesday, January 17th. Activities will be filled as they are received. For your best chance of being placed in the activity of your choice, turn your form in as soon as possible! Intramural descriptions can be found on the back of this form. Fees are due on the first night.

If you have specific questions about the intramural offerings listed, please contact the intramural coordinator, Miss Hart, through email with questions. harta@parkhill.k12.mo.us

Intramural Permission Form

Session 3: Tuesday, January 30th-Thursday, March 1st

CIRCLE YOUR CHOICE BELOW. You can only circle ONE choice for each day. You may write in a second choice below if you choose (in case you first choice is full). You do not have to sign up for both days.

<u>Tuesdays</u>	<u>Thursdays</u>
Giant Monster Movies (Hild)	7 th Grade Homework Help (Meier)
8 th Grade Homework Help (Kohmetscher)	Board Games (D. Smith)
Book Trailer Club (Holt)	Book Club (Schemmer)
PHHS Volleyball (D. Smith/HS Coaches)	Technique Thursday (Potter)
Origami (Cochran)	Harry Potter Movies (Quick)
Talent Show (Faudere/Schemmer/Hart)	
Sharpie Art (Finn)	

I give my child (**PLEASE PRINT NAME CLEARLY**) _____ permission to participate in the activities listed above. My child will either ride the After School Bus or I will pick my child up at CMS by 4:10pm. **Failure to have a ride by 4:10 may prohibit future participation in intramurals.**

Parent Signature: _____ Date: _____

TEAM: _____ **LIFE ED TEACHER:** _____

****Receiving a bus conduct on the afterschool bus will result in suspension from late bus transportation for the remainder of the year.*****If you sign up, please show up. Failure to show up for intramurals may result in not being allowed to sign up next session!**

Tuesday:

Giant Monster Movie Club: Grab your snacks and friends and join this movie club now! Don't miss out on watching your favorite Kaiju (strange creatures) in movies like Godzilla, Kong: Skull Island, Jurassic World, and Transformers.

8th Homework Help: This is open to any 8th grader who needs a little extra time, support, and a quiet place to work on homework. Please come with homework, study materials, questions, and a positive attitude.

Book Trailer Club: Learn how to make a movie-like book trailer for one of your favorite books. Completed book trailers have the option of being entered into a statewide contest.

PHHS Volleyball: Come learn, play, and have fun practicing volleyball skills from the Park Hill Volleyball Team. This intramural is open to 7th and 8th grade boys and girls. We look forward to seeing you there!

Origami: Origami is the art of paper folding, which is often associated with Japanese culture. We will be learning the basics of paper folding and then we will be moving on to more advanced designs.

Talent Show: Did you miss your chance to audition for America's Got Talent, The Voice or American Idol? Well this is your chance to show off your talents at the annual Congress Talent Show. Our first meeting will be an informational meeting with tryouts the following week. The show will be Thursday, March 1st at 7pm.

Sharpie Art: Come create some cool designs with sharpies! Some items we will be decorating are tote bags and travel mugs. You do not have to be in an art class to sign up for this intramural.

Thursday:

7th Homework Help: This is open to any 7th grader who needs a little extra time, support, and a quiet place to work on homework. Please come with homework, study materials, questions, and a positive attitude.

Board Games: Do you want to unwind after school with a little friendly competition? If so, board games intramural is for you! We will play a variety of games including Pictionary, Guesstures, Heads Up, and much more! Also, feel free to bring your own games.

Book Club: Book club will be a fun and relaxing time to enjoy book-related activities and socialize. Bring your own books and feel free to bring snacks!

Technique Thursday (band students only): This intramural is open to any band student who would like to have a place to practice where they can get feedback from an instrumental music teacher.

Harry Potter Movies: Wizards! Grab your snacks and friends and join the Harry Potter movie club! We will watch movies 1-4, time permitting.