



Congress Middle School

Session 2 Intramurals

FORMS DUE BY: Friday, November 3rd!!!

Dear Parents and Students:

Congress Middle School is pleased to announce its intramural activities for Session 2. Intramurals will be held from 2:35 to 4:00 pm. After-activity buses leave Tuesdays and Thursdays at 4:05 pm. These buses are shared with Plaza and they run express neighborhood stops. **They do not run regular bus stops.** Students should look up their intramural bus information in Infinite Campus prior to the first night.

Intramural forms will be collected by team teachers starting Tuesday, October 24th. Activities will be filled as they are received. For your best chance of being placed in the activity of your choice, turn your form in as soon as possible! Intramural descriptions can be found on the back of this form. Any fees are due on the first night.

If you have specific questions about the intramural offerings listed, please contact the intramural coordinator, Miss Hart, through email: harta@parkhill.k12.mo.us.

Intramural Permission Form

Session 1: Tuesday, November 7th-Thursday, December 14th.

CIRCLE YOUR CHOICE BELOW. You can only circle ONE choice for each day. You may write in a second choice below if you choose (in case your first choice is full). You do not have to sign up for both days.

<u>Tuesdays</u>	<u>Thursdays</u>
Superhero Movie Club (Hild)	Orchestra Tutoring (S. Smith/Chase)
8 th Grade HW Help (Kohmetscher/Weidemann)	Writing Club (Evers)
Technique Tuesday (Potter)	Disney/Pixar Movie Club (Quick)
REbeL (Clay)	Board Games (D. Smith)
	Art Club (Wenzel)
	7 th Grade HW Help (Swanstone/Bradford)

I give my child (**PLEASE PRINT NAME CLEARLY**) _____ permission to participate in the activities listed above. My child will either ride the After School Bus or I will pick my child up at CMS by 4:10pm. **Failure to have a ride by 4:10 may prohibit future participation in intramurals.**

Parent Signature: _____ Date: _____

TEAM: _____ **LIFE ED TEACHER:** _____

****Receiving a bus conduct on the afterschool bus will result in suspension from late bus transportation for the remainder of the year.**
*****If you sign up, please show up. Failure to show up for intramurals may result in not being allowed to sign up next session!**

Tuesday:

Superhero Movie Club: Join with your friends and bring some popcorn to watch your favorite superheroes in your favorite movies. Batman, Superman, Ironman, Spider-man, Captain America and more.

8th Homework Help: This is open to any 8th grader who needs a little extra time, support, and a quiet place to work on homework. Please come with homework, study materials, questions, and a positive attitude.

Technique Tuesday (band students only): – This intramural is open to any band student who would like to have a place to practice where they can get feedback from an instrumental music teacher.

REbeL: REbeL is sponsored by an organization on a mission to change the definition of beauty and health for every body. A spokesperson from the organization will be in attendance to provide positive guidance in self-esteem building for girls.

Thursday:

Orchestra Tutoring (orchestra students only): – This intramural is open to any orchestra student who would like to have a place to practice where they can get feedback from an instrumental music teacher.

Writing Club: Do you love to write? If so, consider joining writing club to share your writing with others, receive feedback, chat about books/writing, and enter writing contests!

Disney/Pixar Movie Club: Come and enjoy some of your favorite Disney and Pixar movies. From the classics to the new movies, they are all ones to remember. Feel free to bring snacks!

Board Games: Do you want to unwind after school with a little friendly competition? If so, board games intramural is for you! We will play a variety of games including Pictionary, Guesstures, Heads Up, and much more!! Also, feel free to bring your own games.

7th Homework Help: This is open to any 7th grader who needs a little extra time, support, and a quiet place to work on homework. Please come with homework, study materials, questions, and a positive attitude.

Art Club: Calling all creative peeps! Are you interested in the arts? The Art Club is dedicated to promoting artistic works throughout the school. This club will create art, promote your artistic abilities, and support those seeking a creative outlet. This club will also inspire young artists to continue working with their talents. You do not need to be an artist or enrolled in an art class to join this exciting group!